

# Kevin C. Hynes, Ph.D. LMFT

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**Education**

Ph.D. 2019	University of Connecticut Human Development and Family Studies Emphasis: Marriage and Family Therapy
M.A. 2015	University of Connecticut Human Development and Family Studies Emphasis: Marriage and Family Therapy
B.A. 2011	University of Minnesota College of Liberal Arts Major: Psychology
B.S. 2011	University of Minnesota College of Education and Human Development Major: Family Social Science

**Positions Held**

2023-Present	M.S. Marriage and Family Therapy Program Director University of Wisconsin-Stout Department of Counseling, Rehabilitation, and Human Services
2023-2023	Acting M.S. Marriage and Family Therapy Clinical Director Clinical Services Center, University of Wisconsin-Stout Department of Counseling, Rehabilitation, and Human Services
2022-Present	Assistant Professor, Human Development and Family Studies Program/Marriage and Family Therapy Program, University of Wisconsin-Stout Department of Counseling, Rehabilitation, and Human Services
2019-2022	Assistant Professor, Couple and Family Therapy Program, Purdue University Northwest
2018-2019	Adjunct Professor, Marriage and Family Therapy Program, University of Saint Joseph's
2016-2019	Instructor, Human Development and Family Studies, University of Connecticut

**PUBLICATIONS**

\*Student Co-Author

- Hynes, K. C.**, Russell, B. S., Tambling, R. R., Park, C. L., & Fendrich, M. (2024) Subjective stress appraisals over time: The evolving structure of the COVID-19 Stressor Scale. *Prevention Science*. <https://doi.org/10.1007/s11121-024-01694-7>
- Tambling, R. R., **Hynes, K. C.**, Carolan, K., Charles, D., & Moynihan, L. (2024). The Long-COVID Well-Being Scale (LCOVID-WBS): Development of a nascent measure of long-COVID symptoms and impacts. *Journal of Affective Disorders*. <https://doi.org/10.1016/j.jad.2024.05.134>
- Hynes, K. C.**, Tambling, R. R., \*Kingzette, A., & Bischoff, T. (2023). Sorry about the connection: Client-reported telehealth technology competency and difficulties. *Journal of Technology in Human Services*. 41(4). 280-295. <https://doi.org/10.1080/15228835.2023.2283216>
- D’Aniello, C., Tambling, R. R., & **Hynes, K. C.** (2023). Manifestations of depression on social media: A content analysis of Twitter posts. *Journal of Technology in Behavioral Science*. <https://doi.org/10.1007/s41347-023-00327-0>
- D’Aniello-Heyda, C., **Hynes, K.**, & Tambling, R. R. (2023). College student mental health in the COVID-19 era: Results of an expressive writing prompt. *The Qualitative Report*, 28(12), 3609-3625. <https://doi.org/10.46743/2160-3715/2023.6467>
- Hynes, K. C.**, \*Kingzette, A., & \*Triplett, N. T. (2023). Incidental influencing: A thematic analysis of couple and family therapists’ experiences of professional social media. *Contemporary Family Therapy*, 45, 276-286. <https://doi.org/10.1007/s10591-022-09658-1>
- Hynes, K. C.**, & Tambling, R. R. (2023). Problems in the re-measurement of acculturation and enculturation measures for East Asian Americans. *Asian American Journal of Psychology*, 14(4), 327–339. <https://doi.org/10.1037/aap0000304>
- Hynes, K. C.**, & \*Kingzette, A. (2022). Are we prepared? Recommendations for marriage and family therapists engaging with young generations on social media. *Contemporary Family Therapy: An International Journal*, 44(2), 115-124. <https://dx.doi.org/10.1007/s10591-021-09583-9>
- \*Hoss, L., & **Hynes, K. C.** (2022). A both-and approach: An application of narrative therapy from a modern perspective. *Contemporary Family Therapy: An International Journal*, 44, 305-311. <https://dx.doi.org/10.1007/s10591-021-09582-w>
- Hynes, K. C.**, Tambling, R., Russell, B. S., Park, C. L., & Fendrich, M. (2021). A latent profile analysis of the COVID-19 Stressors Scale. *Psychological Trauma: Theory, Research, Practice, and Policy*, 14(4), 705–713. <http://dx.doi.org/10.1037/tra0001085>
- Friedlander, M., **Hynes, K. C.**, Anderson, S., Tambling, R., Megale, A., Xu, M., & Peterson, E. K. (2021). Examining behavioral manifestations of split alliances in four couple therapy sessions. *Journal of Couple and Relationship Therapy*. 21(2), 81-104. <https://doi.org/10.1080/15332691.2021.1876593>

- Bischoff, T., **Hynes, K. C.**, Tambling, R., & \*Kingzette, A. (2021). Marriage and family therapists' reporting of telehealth use on practice websites: A linguistic analysis. *American Journal of Family Therapy*, 50(2), 159-175.  
<https://doi.org/10.1080/01926187.2021.1877209>
- Tambling, R., **Hynes, K. C.**, & D'Aniello, C. (2021). Are barriers to psychotherapy treatment seeking indicators of social determinants of health: A critical review of the literature. *American Journal of Family Therapy*, 443-458.  
<http://dx.doi.org/10.1080/01926187.2020.1867931>
- Hynes, K. C.** (2019). Cultural values matter: The therapeutic alliance with East Asian Americans. *Contemporary Family Therapy: An International Journal*, 41, 392-400.  
<http://dx.doi.org/10.1007/s10591-019-09506-9>
- Halgunseth, L. C., Milan, S., **Hynes, K. C.**, Melendez-Rhodes, T., & Reid, A. (2019). Depression as a moderator in the relation between mothers' and daughters' ethnic affirmation. *Cultural Diversity and Ethnic Minority Psychology*, 25(4), 598-603.  
<http://dx.doi.org/10.1037/cdp0000252>
- Kim, O., **Hynes, K. C.**, & Lee, R. M. (2017). Searching for connection -- finding resolution: A grounded theory analysis of writings of Korean American adopted adults. *Asian American Journal of Psychology*, 8(3), 235-247.  
<http://dx.doi.org/10.1037/aap0000082>
- Kim, O., **Hynes, K. C.**, & Lee, R. M. (2016). Guatemalan family-style orphanages: A grounded theory examination of caregiver perspectives. *International Social Work*, 60, 1244-1254. <http://dx.doi.org/10.1177/0020872816632292>

### **MANUSCRIPTS SUBMITTED**

\*Student Co-Author at time of submission

### **REFEREED PRESENTATIONS/POSTERS AT PROFESSIONAL MEETINGS**

\*Student Co-Author at time of presentation

### **International**

- Kim, O., Lee, R. M., & **Hynes, K. C.** (2016, August). *Writing it out: "adoption preoccupation" and search behavior*. Paper presented at the Fourth International Symposium on Korean Adoption Studies, Seoul, South Korea.
- Kim, O., **Hynes, K. C.**, & Lee, R. M. (2016, January). *Transracial adoptive identity journey: A grounded theory analysis of expressive writings of Korean American adopted adults*. Paper presented at the Symposium for the 5<sup>th</sup> International Conference for Adoption Research, Auckland, New Zealand.
- Hynes, K. C.**, Anderson, S. R., & Tambling, R. B. (2015, November). *Threats to the therapeutic alliance in early sessions of high conflict therapy*. Poster presented at the National Council on Family Relations Annual Conference, Vancouver, British

Columbia.

**National**

\*Student Co-Author

\*Desens, E., & **Hynes, K. C.** (Submitted). *Perceptions of therapists' competency based on age and gender presentation*. Poster submitted for presentation at the National Council on Family Relations Annual Conference, Bellevue, Washington, United States.

**Hynes, K. C.**, Tambling, R. R., Bischoff, T. (2023, November). *Telehealth technology difficulties in the therapeutic process during the COVID-19 Pandemic*. Poster presented at the National Council on Family Relations Annual Conference, Orlando, Florida, United States.

Tambling, R., D'Aniello, C., & **Hynes, K. C.**, (2022, November). *Manifestations of depression on social media: A thematic analysis of twitter posts*. Poster presented at the National Council on Family Relations Annual Conference, Minneapolis, Minnesota, United States.

**Hynes, K. C.**, D'Aniello, C., & Tambling, R. (2022, November). *College student mental health in the COVID-19 era: Results of an expressive writing prompt and daily dairy method*. Poster presented at the National Council on Family Relations Annual Conference, Minneapolis, Minnesota, United States.

**Hynes, K. C.**, Tambling, R. R., Bischoff, T., (2022, May) *Sorry about the connection: Telehealth technology competency and difficulties and the therapeutic process*. Paper presented at the UConn Center for mHealth & Social Media 6th Annual (Virtual) Conference: Telehealth & Remote Care in a Post-Pandemic World.

\*Kingzette, A., & **Hynes, K. C.** (2021, November). *Are we prepared? Recommendations for marriage and family therapists engaging with public audiences on social media*. Poster presentation at for the National Council on Family Relations Annual Conference, Virtual Conference.

\*Kingzette, A., **Hynes, K. C.**, Tambling, R. (2020, November). *Therapeutic alliance as a moderator between hope and couple outcomes*. Paper presentation at the American Association for Marriage and Family Therapy Conference, Orlando, Florida, United States. (Presentation canceled due to COVID-19).

**Hynes, K. C.** (2020, June). *Using cultural values to establish and maintain the therapeutic alliance in East Asian clients*. Panel presentation at the Society for Psychotherapy Research Conference, Amherst, Massachusetts, United States. (Conference canceled due to COVID-19).

Friedlander, M. L., **Hynes, K. C.**, Tambling, R., Anderson, S., Megale, A., Xu, M., Peterson, E. K. (2020, June). *A close look at split and repaired alliances in couple therapy. Behavioral manifestations in five cases*. Panel presentation at the Society for Psychotherapy Research Conference, Amherst, Massachusetts, United States.

(Conference canceled due to COVID-19).

- Collins, C. M., Csizmadia, A., & **Hynes, K. C.** (2018, November). *Ethnic racial identity development in transracial foster placements: Building on what we know*. Symposium paper presented at the National Council on Family Relations Annual Conference, San Diego, California, United States.
- Hynes, K. C.**, Bischoff, T., Heafner, J., Kang, H., & Rigazio-DiGilio, S. (2017, November). *Desiring an exchange of knowledge: A thematic analysis of practitioner's experience with research*. Poster presented at the National Council on Family Relations Annual Conference, Orlando, Florida, United States.
- Hynes, K. C.**, Kim, O., & Lee, R. M. (2016, November). *Therapeutic work with adult transracial transnational adoptees*. Poster presented at the National Council on Family Relations Annual Conference, Minneapolis, Minnesota, United States.
- Heafner, J., Bischoff, T., Tambling, R. B., & **Hynes, K. C.** (2016, November). *Establishing reliable change for the Family Assessment Device*. Poster presented at the National Council on Family Relations Annual Conference, Minneapolis, Minnesota, United States.
- Kim, O., Lee, R. M., & **Hynes, K. C.** (2016, June). *Search and resolution for connection*. Paper presented at the Adoption Initiative Conference, Montclair, New Jersey, United States.
- Hynes, K. C.**, Gürmen, M. S., Anderson, S. R., & Tambling, R. B. (2014, November). *Experiences of high conflict co-parents in early sessions of family therapy*. Poster presented at the National Council on Family Relations Annual Conference, Baltimore, Maryland, United States.
- Kim, O., **Hynes, K. C.**, Hu, A.W., Lee, J. P., Chen, T., & Lee, R. M. (2012, August), *Conversations about race and ethnicity in transracial adoptive families and family functioning*. Paper presented at a symposium for the American Psychological Association, Orlando, Florida, United States.

## **Local**

- Tambling, R. **Hynes, K. C.**, Bischoff, T. (2021, May). *The COVID-19 pandemic: Media, misinformation, and science communication*. Video Poster presented at the UConn Center for mHealth and Social Media Conference, Storrs, Connecticut, United States.
- Hynes, K. C.**, Tambling, R., Russell, B. S., Park, C. L., & Fendrich, M. (2021, April). *A latent profile analysis of the COVID-19 Stressors Scale*. Paper presented at Purdue University Northwest Days of Discovery, Hammond, Indiana, United States.
- Hynes, K. C.**, Anderson, S. R., & Tambling, R. B. (2015, April). *Frequency of threats to the therapeutic alliance in high conflict couple sessions*. Poster presented at the Connecticut Association for Marriage and Family Therapy Annual Conference, Trumbull, CT.

### **Unrefereed presentations**

Hessel, H., & Hynes, K. C. (2024, May). Can it really do that? Artificial intelligence (AI) in the therapist's office. Webinar presented for the Wisconsin Association for Marriage and Family Therapy.

Hynes, K. C. (2021, September). *Local, regional, and national lessons; wokeness: The dangers of performative activism*. Discussion presented at What's Going on? Breaking Bread: COVID-19, Antiracism, & Critical Conversations on Social Justice, Purdue University Northwest, Hammond, Indiana, United States.

### **GRANTS FUNDED**

#### **Proposals under Review**

#### **Projects Funded**

*Community college collaboration incubator*, \$50,000. Purdue University Northwest College of Humanities, Education and Social Sciences Bold to be Bold Grant. [Kevin C. Hynes, Co-PI]

*Opposing anti-Asian hate for parents and children through community-based participatory research*, \$7,000. Purdue University Northwest Catalyst Grant. [Kevin C. Hynes, PI].

*Couple & family therapy center multimodal research archive*, \$3,739. Purdue University Northwest Exploratory Grant Program. [Kevin C. Hynes, PI] [Christopher K. Belous, Co-PI].

*Korean American adoptees' and parents' conversations about race*, \$2,000. University of Minnesota Undergraduate Research Opportunities Program

*Effects of culture camp attendance on ethnic identity in Korean American adoptees*, \$2,000. University of Minnesota Undergraduate Research Opportunities Program

#### **Projects Not Funded**

*The Asian American daily diary: A pilot of an expressive writing intervention for anxiety*, \$4,849. University of Connecticut inCHIP Rapid Response Proposals to Examine Social and Behavioral Implications of COVID-19. [Rachel Tambling, PI] [Kevin C. Hynes, Co-PI]

*Perceptions of teletherapy: Promotive factors and barriers to treatment seeking*, \$15,000, American Association for Marriage and Family Therapy Research and Education Foundation [Rachel Tambling, PI] [Kevin C. Hynes, Co-PI]

### **HONORS AND AWARDS**

2024                      Debra Davis Award for Transgender Advocacy, UW-Stout LGBTQIA+ Center

- 2018 Department of Human Development and Family Summer Fellowship for Advanced Graduate Students, University of Connecticut.
- 2017-2018 AAMFT/SAMSHA Doctoral Minority Fellow
- 2018 Department of Human Development and Family Studies Dr. Frederick G. Humphrey Fellowship, University of Connecticut.
- 2017 Department of Human Development and Family Mattoon-Kline Endowed Scholarship, University of Connecticut.
- 2015 Connecticut Association for Marriage and Family Therapy Annual Conference, Best Poster Presentation
- 2010 Scholarly Excellence in Equity and Diversity Award, 2010. University of Minnesota

## **TEACHING EXPERIENCE**

### **Undergraduate (UConn & UW-Stout)**

- HDFS 257 Lifespan Sexuality (2x)  
 HDFS 335 Cultural Awareness in Practice (5x)  
 HDFS 3340 Individual and Family Interventions (5x)  
 HDFS 490 Professional Issues (1x)

### **Graduate (University of St. Josephs, Purdue University Northwest, UW-Stout)**

- MFT 741 Culturally Responsive Therapy (2x)  
 MFT 740 Privilege, Power, and Difference (3x)  
 HDFS 731 Gender and Sexuality Diversity (1x)  
 HDFS 742 Lifespan Family and Human Development (2x)  
 CFT 64000 Diversity and Social Justice in CFT (2x)  
 CDFS 65700 Social Constructionist Family Therapies (2x)  
 CFT 69800 Thesis in CFT (1x)  
 CFT 69700 Research Analysis in CFT (1x)  
 CDFS 66600 Family Therapy Skills (1x)  
 CFT 66000 Contemporary Theories in CFT (1x)  
 MFTH 562 Post Modern Models of Family Therapy (1x)  
 MFTH 581 Psychopathology and DSM Diagnoses (1x)  
 CDFS 64100 Trauma & Recovery in Family Therapy (1x)  
 CDFS 64800 Applied Multivariate Statistics (1x)  
 CFT 69600 Research Methods (3x)  
 CFT 66900, CFT 67500, MFT 793/4/5 CFT Practicum (15x)

## **SERVICE AND LEADERSHIP ACTIVITIES**

### **Reviewing**

Contemporary Family Therapy, Editorial Board Member  
Journal of Marital and Family Therapy, ad hoc reviewer  
Family Relations, ad hoc reviewer  
Sexual and Relationship Therapy, ad hoc reviewer  
Psychological Trauma, ad hoc reviewer  
Asian American Journal of Psychology, ad hoc reviewer  
Journal of Applied Behavioral Analysis, ad hoc reviewer

2019-2022 AAMFT/SAMSHA Minority Fellowship Program Ad-hoc Reviewer  
2021, 2022 National Council on Family Relations Conference Proposal Reviewer

### **University Level**

2023-Present Underrepresented Faculty and Staff Alliance, Stout  
-Chair  
2023-Present Equity in Mental Health on Campus Steering Committee, Stout  
2022-2025 Institutional Review Board Member, Stout  
2021 Undergraduate Research Grant Proposal Reviewer, PNW  
2021 Proposal Submission Grant Reviewer, PNW

### **College Level**

2021-2022 Diversity, Equity, Inclusion, Belonging Committee, PNW  
2020 Lerner Scholarship Committee, PNW

### **Department Level**

2023-2024 HDFS/MFT Faculty Search Committee, Stout  
2023-2024 Developmental Psychology Faculty Search Committee, Stout  
2022-Present HDFS Program Progress Review Committee, Stout  
2022-Present CRHS Curriculum Committee, Stout  
2019-2022 HDFS Discipline Group, PNW  
2019-2021 C/MFT Program Revision Committee, PNW  
2019-2022 C/MFT Graduate Admission Committee, PNW  
2020 CFT Administrative Assistant Search Committee, PNW  
2018-2019 Council on Family Relations, UConn  
-Secretary

### **National Organization**

2022-Present AAMFT/SAMSHA Minority Fellowship Program  
-Mentor  
2020-2022 National Council on Family Relations  
-Family Therapy Section Treasurer-Secretary

### **Community Activities**



2024-Present Stout Clinical Mental Health Counseling Program Advisory  
Committee  
2019-2023 HANA Center, Chicago, IL  
2021 Peace at Home Parenting  
-Panelist for panel discussion, “Mental health for all – let’s make it a reality”

**Guest Presentations**

2021, 2022 Oklahoma State University – Marriage and Family Therapy Program  
-Presented on Asian American Families in HDFS 5503 Family Diversity

**Professional Memberships**

2013-Present Clinical Member, American Association for Marriage and Family Therapy  
2014-Present Member, National Council on Family Relations  
2018-Present Member, American Psychological Association,  
Division 45 Society for the Psychological Study of Culture,  
Ethnicity, and Race  
2018-Present Member, Asian American Psychological Association  
2019-2021 Member, Society for Psychotherapy Research

**Graduate Student Thesis Committees, as Chair:**

<u>University of Wisconsin -Stout</u>			<u>Entered</u>	<u>Completed</u>
	MS	Emma Desens	2021	2023
<u>Purdue University Northwest</u>			<u>Entered</u>	<u>Completed</u>
	MS	Alexia Kingzette	2019	2021

**Graduate Student Thesis Committees, as Member:**

<u>Purdue University Northwest</u>			<u>Entered</u>	<u>Completed</u>
	MS	Adrian Weldon	2018	2020
	MS	Jessica McGuire	2018	2020
	MS	Nicholas Triplett	2019	2021

**Graduate Student Committees (non-thesis), as Member:**

<u>Purdue University Northwest</u>			<u>Entered</u>	<u>Completed</u>
	MS	Kaylyn Gyden	2016	2021
	MS	Lindsay Langbartels	2018	2021
	MS	Emma Palmer	2019	2021
	MS	Mateo Nino	2019	2021
	MS	Catherine Futoransky	2019	2021
	MS	Gardenia Alvarez	2019	2021
	MS	Chloe Jarmula	2019	2021
	MS	Lauren Slivinski	2019	2021

**Supervision of Research Assistant**

2019-2021 Alexia Kingzette, Research Assistant

**Student Group Faculty Advising**

2020-2022 Anti-Racism in Action Committee, Purdue University Northwest student group

**Licenses and Certifications**

Minnesota Licensed Marriage and Family Therapist #4554  
Indiana Licensed Marriage and Family Therapist #35002075A  
Illinois Licensed Marriage and Family Therapist #166.001414  
Connecticut Licensed Marriage and Family Therapist #2073 (expired 1/24)  
American Association for Marriage and Family Therapy Approved Supervisor

**Clinical Experience**

2024-Present Licensed Marriage and Family Therapist  
LuMN Therapy, LLC

2019-Present Private practice, Licensed Marriage and Family Therapist  
BV Wellness LLC

2014-2019 Marriage and Family Therapist  
United Community and Family Services, Norwich, CT

2013-2018 Marriage and Family Therapy Intern  
Humphrey Clinic for Individual, Couple, and Family Therapy, Storrs, CT

**Professional Development Activities**

2023 New program director workshops, Stout

2023 Talent Acquisition Workshop, Stout

2023 Embodying the Power of our Roots, Stout UFSA

2022 Nakatani Teaching and Learning Center New Instructor Workshop

2021 Participant, 12<sup>th</sup> Annual Conference for Assistant Professors: Institutional Resources to Soar to Promotion, Purdue University

2019 Participant, Writing Winning Grant Proposals, Purdue University

## **Newspaper articles/Radio**

2021, Feb. 3      Research Spotlight: Assessing COVID-19's effects on mental health with Dr. Rachel Tambling. *The Daily Campus*